



# What's On



## at The Crossing

Early Summer 2026



# Welcome to The Crossing Church and Centre

**Minister:** Deacon Emily Hoe-Crook

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The Crossing Church, Worksop, is a single congregation Local Ecumenical Partnership (LEP) and is part of the wider Methodist and United Reformed Churches.

Christian Worship takes place each Sunday usually at 10.30am though where special joint services are planned this may differ.

The Church is a charity which is registered with the Charities Commission and is governed by a Church Council which is recognised as the Charity Trustees.

The purpose of the charity is to advance the Christian faith and our mission is to share the love of God and serve the local community. We seek to achieve this by offering a welcoming, caring place of worship, prayer and friendship, and by supporting the people of Worksop and surrounding area through a range of community events and activities.

Apart from the team of stipendiary ministers, caretakers and receptionist we are run almost entirely by volunteers who willingly serve the community by offering their time and talents as they are able, and we are always delighted when new volunteers offer to help. If you require further details about volunteering opportunities please contact either Emily or via the contact details below.

At The Crossing we have a Welcome Desk which is open from 9am to 5pm during the week, and is staffed by volunteers who can provide information about events taking place at the church and centre.

**Contact:** Telephone: (01909) 473375 (*Mon-Fri, 9am - 2pm*)

E-mail: [admin@thecrossing.co.uk](mailto:admin@thecrossing.co.uk)

For **room bookings** please ring (01909) 473375 or send an email to [admin@thecrossing.co.uk](mailto:admin@thecrossing.co.uk)

## ***Mondays***

**Just Good Friends**—weekly 6.30—9.30 pm

Social group for people with Learning Disabilities

Contact 01246 913267 or [trish@jgfc.org.uk](mailto:trish@jgfc.org.uk) for further information.

**Shinsel Karate Kai**—weekly 7pm—8 pm

Call or text Joe on 07947467078 for details.

## ***Tuesdays***

**Seated Exercise** —weekly 10.30—11.30 am

Gentle exercise session, in chairs, with equipment

Contact Sarah Mullany on 07731 684747 for further information.

**Women's Mindfulness Mornings**—weekly 10.00am—12 noon

***Craft \* Chat \* Cake \* Calm \* Care \* Connections***

Free to attend—just turn up! Contact: Deacon Emily 07739 018909

**Lunch Club** - weekly 11.00am—2pm

Main meal followed by activities. Open to all those aged 60 and over.

## Wednesdays

**Babes and Tots** —weekly in term-time only 09.30—11.30 am

Stay and Play sessions for under 3's and their carers.

**Community Café** - weekly 10.00am—2.00pm

In Café Space, run by the North Notts College Flex Team in partnership with The Crossing Church. Excellent cakes and refreshments plus light lunches.

**Falls Prevention Class** - most weeks 10.15am—11.45am

See 'Your Health Notts' page for more details

**Living Well—Taking Control**—weekly 10.30am– 1.00pm

NHS Diabetes Prevention Programme—see website

[www.lwtcsupport.co.uk](http://www.lwtcsupport.co.uk)

**Crafty Corner** - weekly 10.30am—12 noon

Bring along your own knitting, crochet, sewing or crafts and share in the fellowship with the rest of this small friendly group. Refreshments available.

**Grumpy Men's Lunch** 2nd Wednesday each month 12.30—2pm

Light lunch, coffee and chat—no agenda. To order lunch give your details to the Welcome Desk staff.

## *Wednesdays continued*

**Singing for Dementia** — last Wednesday of each month 2.00—4.00pm.  
Group for people with Dementia and their carers. All welcome.

See Notice Board for future events.

### **Weight Management Advice Sessions**

Wednesdays 2.30pm - 4.15pm and 6pm - 8pm

Each session involves 45 minutes of beginner friendly exercise, followed by 45 minutes of nutrition support. The sessions are fun, interactive and aimed at all abilities. To find out more and book your place, call 0115 772 2515

## *Thursdays*

**Seated Exercise** weekly 11.00am – 12 noon and 2.00—3.00pm

The morning session is open to all but aimed specifically for MS sufferers. The afternoon session, from 2.00—3.00 pm, is for Parkinson's Society Members only.

Gentle exercise session, in chairs, with equipment.

Contact Sarah Mullany on 07731 684747 for further information.

**Older People's Friendly Group** — weekly 12 noon—2.30 pm

Bingo Session for the over '60s.

## *Thursdays continued*

**Thursday Group** second and fourth Thursday each month 2.30—4.30pm  
Social Group for ladies of all ages, with guest speakers and refreshments.

## *Fridays*

**Coffee Morning** - weekly 10.00am—12 noon

In Café space. Run by volunteers. Need to pay for refreshments.

Menu on wall.

**Art Group** - weekly 10.00am—12 noon

Paint/draw/colour. Refreshments at Coffee Morning. Small friendly group.

**Friendship Afternoon Tea** - weekly 12.30pm—3.30pm

Refreshments and relaxati

## *Other Groups meeting at The Crossing*

**Uniformed Organisations** Brownies, Rainbows, Guides, Trefoil Guild, Beavers, Cubs and Scouts all meet at The Crossing (details available)

**Children's Bereavement Centre** contact 01636 551739

*plus a wide variety of other groups and charities hire space for their various activities. If you wish to hire rooms please ask at the Welcome Desk or contact The Crossing as detailed on the inside cover.*