



The Crossing Calendar



Seated Exercise

Tuesday 16th April 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 16th April 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 17th April 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 17th April 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 17th April 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 17th April 2024 @ 10:30am

For more details see <http://local page>.



Ester Bunny Drive

Wednesday 17th April 2024 @ 2:00pm
Halls

See <http://local> for more details



Weight Management advice.

Wednesday 17th April 2024 @ 6:00pm
Halls

for more details see the <http://local page>



North Notts Assoc. National Trust Members

Wednesday 17th April 2024 @ 7:30pm
Sanctuary

Framework Knitting and the Luddites by Julian Ellis

for more details see <http://localpage>.



Falls Prevention

Thursday 18th April 2024 @ 10:30am
Halls

For more details please see <http://local page>



Seated Exercise (MS group)

Thursday 18th April 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 18th April 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 18th April 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise (Parkinson's Group)

Thursday 18th April 2024 @ 3:57pm
Sanctuary

For more details see <http://local page>



Workshop & District Stroke Club

Thursday 18th April 2024 @ 7:00pm
Cafe Area

See <http://local page> for more details



Friday Coffee Morning

Friday 19th April 2024 @ 10:00am
Cafe Space

Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Art Group

Friday 19th April 2024 @ 10:00am
Hardwick room

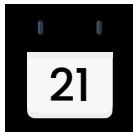
For more details see <http://local page>



Friendship Afternoon Tea

Friday 19th April 2024 @ 1:00pm
Cafe area

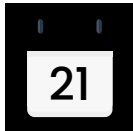
Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Breakfast Church

Sunday 21st April 2024 @ 9:00am
Cafe Area

See <http://localfor details>



Morning Worship

Sunday 21st April 2024 @ 10:30am
Sanctuary



Just Good Friends

Monday 22nd April 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 23rd April 2024 @ 10:30am
Sanctuary

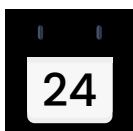
For more details see <http://local Page>



MHA Lunchclub

Tuesday 23rd April 2024 @ 11:00am
Cafe Area

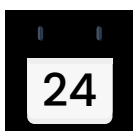
Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 24th April 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 24th April 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 24th April 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

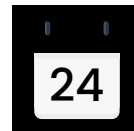
Wednesday 24th April 2024 @ 10:30am

For more details see <http://local page>.



Singing With Dementia

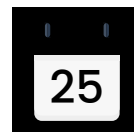
Wednesday 24th April 2024 @ 2:00pm
Sanctuary & Halls



Weight Management advice.

Wednesday 24th April 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 25th April 2024 @ 10:30am
Halls

For more details please see <http://local page>



Seated Exercise (MS group)

Thursday 25th April 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 25th April 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 25th April 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



Mind #at Well Cafe

Thursday 25th April 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise (Parkinson's Group)

Thursday 25th April 2024 @ 3:57pm
Sanctuary

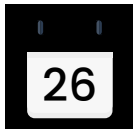
For more details see <http://local page>



Friday Coffee Morning

Friday 26th April 2024 @ 10:00am
Cafe Space

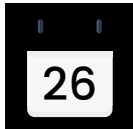
Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Art Group

Friday 26th April 2024 @ 10:00am
Hardwick room

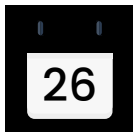
For more details see <http://local page>



Blood Donors

Friday 26th April 2024 @ 12:30pm
Main Halls

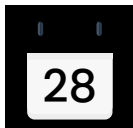
For more details see <http://local page>



Friendship Afternoon Tea

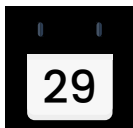
Friday 26th April 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Morning Worship

Sunday 28th April 2024 @ 10:30am
Sanctuary



Just Good Friends

Monday 29th April 2024 @ 6:45pm
Cafe Area & Sanctuary

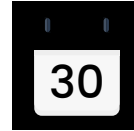
For more details see <http://local Page>



Seated Exercise

Tuesday 30th April 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 30th April 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 1st May 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 1st May 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 1st May 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 1st May 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 1st May 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 2nd May 2024 @ 10:30am
Halls

For more details please see <http://local page>



Seated Exercise (MS group)

Thursday 2nd May 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 2nd May 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



The Crossing



Mind #at Well Cafe

Thursday 2nd May 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise

Tuesday 7th May 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Seated Exercise (Parkinson's Group)

Thursday 2nd May 2024 @ 3:57pm
Sanctuary

For more details see <http://local page>



MHA Lunchclub

Tuesday 7th May 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Workshop & District Stroke Club

Thursday 2nd May 2024 @ 7:00pm
Cafe Area

See <http://local page> for more details.



Baby & Toddlers Club

Wednesday 8th May 2024 @ 9:30am
Halls

For more details see <http://local Page>



Friday Coffee Morning

Friday 3rd May 2024 @ 10:00am
Cafe Space

Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Mindfulness well-being group

Wednesday 8th May 2024 @ 10:00am
Sherwood Room



Art Group

Friday 3rd May 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Coffee Morning

Wednesday 8th May 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Friendship Afternoon Tea

Friday 3rd May 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Crafty Corner

Wednesday 8th May 2024 @ 10:30am

For more details see <http://local page>.



Morning Worship

Sunday 5th May 2024 @ 10:15am
Sanctuary



Grumpy Men's Lunch

Wednesday 8th May 2024 @ 12:00pm
Cafe Area

For more Info see <http://local Page>



Just Good Friends

Monday 6th May 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Weight Management advice.

Wednesday 8th May 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 9th May 2024 @ 10:30am
Halls

For more details please see <http://local page>



The Crossing



Seated Exercise (MS group)

Thursday 9th May 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 9th May 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 9th May 2024 @ 2:30pm
Sanctuary

For more info see <http://local Page>



Mind #at Well Cafe

Thursday 9th May 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise (Parkinson's Group)

Thursday 9th May 2024 @ 3:57pm
Sanctuary

For more details see <http://local page>



Friday Coffee Morning

Friday 10th May 2024 @ 10:00am
Cafe Space

Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Art Group

Friday 10th May 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 10th May 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Morning Worship

Sunday 12th May 2024 @ 10:15am
Sanctuary



Just Good Friends

Monday 13th May 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 14th May 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 14th May 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 15th May 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 15th May 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 15th May 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 15th May 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 15th May 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 16th May 2024 @ 10:30am
Halls

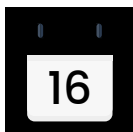
For more details please see <http://local page>



Seated Exercise (MS group)

Thursday 16th May 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 16th May 2024 @ 12:00pm
Epworth Hall

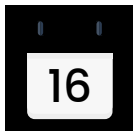
For More details see <http://local page>



Mind #at Well Cafe

Thursday 16th May 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise (Parkinson's Group)

Thursday 16th May 2024 @ 3:57pm
Sanctuary

For more details see <http://local page>



Workshop & District Stroke Club

Thursday 16th May 2024 @ 7:00pm
Cafe Area

See <http://local page> for more details



Friday Coffee Morning

Friday 17th May 2024 @ 10:00am
Cafe Space

Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Art Group

Friday 17th May 2024 @ 10:00am
Hardwick room

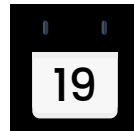
For more details see <http://local page>



Friendship Afternoon Tea

Friday 17th May 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Morning Worship

Sunday 19th May 2024 @ 10:15am
Sanctuary



Just Good Friends

Monday 20th May 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 21st May 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 21st May 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 22nd May 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 22nd May 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 22nd May 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 22nd May 2024 @ 10:30am

For more details see <http://local page>.



The Crossing



Weight Management advice.
Wednesday 22nd May 2024 @ 6:00pm
Halls

For more details see the <http://local page>



Falls Prevention
Thursday 23rd May 2024 @ 10:30am
Halls

For more details please see <http://local page>



Seated Exercise (MS group)
Thursday 23rd May 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group
Thursday 23rd May 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



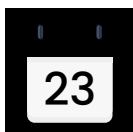
Thursday Group
Thursday 23rd May 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



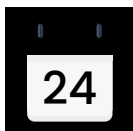
Mind #at Well Cafe
Thursday 23rd May 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise (Parkinson's Group)
Thursday 23rd May 2024 @ 3:57pm
Sanctuary

For more details see <http://local page>



Friday Coffee Morning
Friday 24th May 2024 @ 10:00am
Cafe Space

Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Art Group
Friday 24th May 2024 @ 10:00am
Hardwick room

For more details see <http://local page>

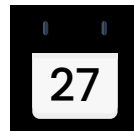


Friendship Afternoon Tea
Friday 24th May 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Morning Worship
Sunday 26th May 2024 @ 10:15am
Sanctuary



Just Good Friends
Monday 27th May 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



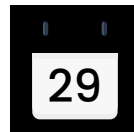
Seated Exercise
Tuesday 28th May 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub
Tuesday 28th May 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club
Wednesday 29th May 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group
Wednesday 29th May 2024 @ 10:00am
Sherwood Room



Coffee Morning
Wednesday 29th May 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



The Crossing



Crafty Corner

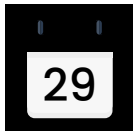
Wednesday 29th May 2024 @ 10:30am

For more details see <http://local page>.



Singing With Dementia

Wednesday 29th May 2024 @ 2:00pm
Sanctuary & Halls



Weight Management advice.

Wednesday 29th May 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 30th May 2024 @ 10:30am
Halls

For more details please see <http://local page>



Seated Exercise (MS group)

Thursday 30th May 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 30th May 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 30th May 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Seated Exercise (Parkinson's Group)

Thursday 30th May 2024 @ 3:57pm
Sanctuary

For more details see <http://local page>



Friday Coffee Morning

Friday 31st May 2024 @ 10:00am
Cafe Space

Fairtrade Barrista coffees , Tea and homemade cakes & scones.
Volunteer led.



Art Group

Friday 31st May 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 31st May 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Morning Worship

Sunday 2nd June 2024 @ 10:15am
Sanctuary



Just Good Friends

Monday 3rd June 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 4th June 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 4th June 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 5th June 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 5th June 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 5th June 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 5th June 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 5th June 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 6th June 2024 @ 10:30am
Halls

For more details please see <http://local page>



Seated Exercise (MS group)

Thursday 6th June 2024 @ 11:00am
Sanctuary

For more details see <http://local Page>



Older People's Friendly Group

Thursday 6th June 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 6th June 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Workshop & District Stroke Club

Thursday 6th June 2024 @ 7:00pm
Cafe Area

See <http://local page> for more details.



Art Group

Friday 7th June 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 7th June 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Morning Worship

Sunday 9th June 2024 @ 10:15am
Sanctuary



Just Good Friends

Monday 10th June 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 11th June 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 11th June 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 12th June 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 12th June 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 12th June 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 12th June 2024 @ 10:30am

For more details see <http://local page>.



Grumpy Men's Lunch

Wednesday 12th June 2024 @ 12:00pm
Cafe Area

For more Info see <http://local Page>



Weight Management advice.

Wednesday 12th June 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 13th June 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 13th June 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 13th June 2024 @ 2:30pm
Sanctuary

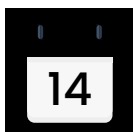
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Mind #at Well Cafe

Thursday 13th June 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 14th June 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 14th June 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 17th June 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 18th June 2024 @ 10:30am
Sanctuary

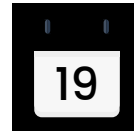
For more details see <http://local Page>



MHA Lunchclub

Tuesday 18th June 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 19th June 2024 @ 9:30am
Halls

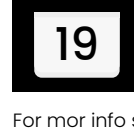
For more details see <http://local Page>



Mindfulness well-being group

Wednesday 19th June 2024 @ 10:00am
Sherwood Room

For more info see <http://local page>



Coffee Morning

Wednesday 19th June 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 19th June 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 19th June 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 20th June 2024 @ 10:30am
Halls

For more details please see <http://local page>



The Crossing



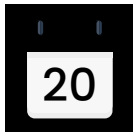
Older People's Friendly Group
Thursday 20th June 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



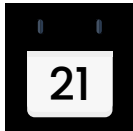
Mind #at Well Cafe
Thursday 20th June 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



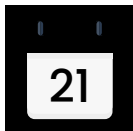
Workshop & District Stroke Club
Thursday 20th June 2024 @ 7:00pm
Cafe Area

See <http://local page> for more details



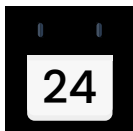
Art Group
Friday 21st June 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



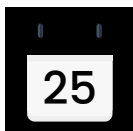
Friendship Afternoon Tea
Friday 21st June 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends
Monday 24th June 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise
Tuesday 25th June 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub
Tuesday 25th June 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club
Wednesday 26th June 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group
Wednesday 26th June 2024 @ 10:00am
Sherwood Room



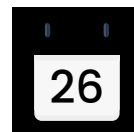
Coffee Morning
Wednesday 26th June 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner
Wednesday 26th June 2024 @ 10:30am

For more details see <http://local page>.



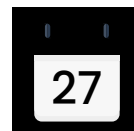
Weight Management advice.
Wednesday 26th June 2024 @ 6:00pm
Halls

for more details see the <http://local page>



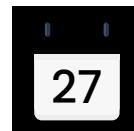
Falls Prevention
Thursday 27th June 2024 @ 10:30am
Halls

For more details please see <http://local page>



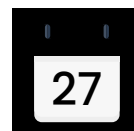
Older People's Friendly Group
Thursday 27th June 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group
Thursday 27th June 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



Mind #at Well Cafe
Thursday 27th June 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



The Crossing



Art Group

Friday 28th June 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 28th June 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 1st July 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 2nd July 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 2nd July 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 3rd July 2024 @ 9:30am
Halls

For more details see <http://local Page>



Mindfulness well-being group

Wednesday 3rd July 2024 @ 10:00am
Sherwood Room



Coffee Morning

Wednesday 3rd July 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner

Wednesday 3rd July 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 3rd July 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 4th July 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 4th July 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 4th July 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 5th July 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 5th July 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 8th July 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 9th July 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



MHA Lunchclub

Tuesday 9th July 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 10th July 2024 @ 9:30am
Halls

For more details see <http://local> Page



Mindfulness well-being group

Wednesday 10th July 2024 @ 10:00am
Sherwood Room

For more details see <http://local> Page



Coffee Morning

Wednesday 10th July 2024 @ 10:00am
Cafe area

For mor info see <http://local> page



Crafty Corner

Wednesday 10th July 2024 @ 10:30am

For more details see <http://local> page.



Grumpy Men's Lunch

Wednesday 10th July 2024 @ 12:00pm
Cafe Area

For more Info see <http://local> Page



Weight Management advice.

Wednesday 10th July 2024 @ 6:00pm
Halls

for more details see the <http://local> page



Falls Prevention

Thursday 11th July 2024 @ 10:30am
Halls

For more details please see <http://local> page



Older People's Friendly Group

Thursday 11th July 2024 @ 12:00pm
Epworth Hall

For More details see <http://local> page



Thursday Group

Thursday 11th July 2024 @ 2:30pm
Sanctuary

For more info see <http://local> Page



Mind #at Well Cafe

Thursday 11th July 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 12th July 2024 @ 10:00am
Hardwick room

For more details see <http://local> page



Friendship Afternoon Tea

Friday 12th July 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 15th July 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local> Page



Seated Exercise

Tuesday 16th July 2024 @ 10:30am
Sanctuary

For more details see <http://local> Page



MHA Lunchclub

Tuesday 16th July 2024 @ 11:00am
Cafe Area

Booking Essential . For more details see <http://local>



Baby & Toddlers Club

Wednesday 17th July 2024 @ 9:30am
Halls

For more details see <http://local> Page



The Crossing



Mindfulness well-being group
Wednesday 17th July 2024 @ 10:00am
Sherwood Room



Coffee Morning
Wednesday 17th July 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Crafty Corner
Wednesday 17th July 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.
Wednesday 17th July 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention
Thursday 18th July 2024 @ 10:30am
Halls

For more details please see <http://local page>



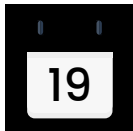
Older People's Friendly Group
Thursday 18th July 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe
Thursday 18th July 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group
Friday 19th July 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea
Friday 19th July 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends
Monday 22nd July 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



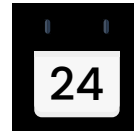
Seated Exercise
Tuesday 23rd July 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>

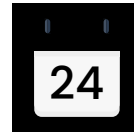


Baby & Toddlers Club
Wednesday 24th July 2024 @ 9:30am
Halls

For more details see <http://local Page>

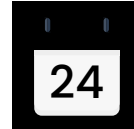


Mindfulness well-being group
Wednesday 24th July 2024 @ 10:00am
Sherwood Room



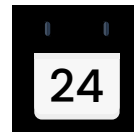
Coffee Morning
Wednesday 24th July 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



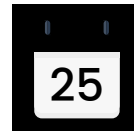
Crafty Corner
Wednesday 24th July 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.
Wednesday 24th July 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention
Thursday 25th July 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group
Thursday 25th July 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



The Crossing



Thursday Group

Thursday 25th July 2024 @ 2:00pm
Sanctuary

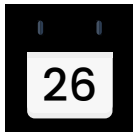
For more info see <http://local page>



Mind #at Well Cafe

Thursday 25th July 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 26th July 2024 @ 10:00am
Hardwick room

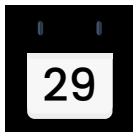
For more details see <http://local page>



Friendship Afternoon Tea

Friday 26th July 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 29th July 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 30th July 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 31st July 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 31st July 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 31st July 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 31st July 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 31st July 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 1st August 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 1st August 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 1st August 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 2nd August 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 2nd August 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 5th August 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



The Crossing



Seated Exercise

Tuesday 6th August 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Mind #at Well Cafe

Thursday 8th August 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Baby & Toddlers Club

Wednesday 7th August 2024 @ 9:30am
Halls

For more details see <http://local Page>



Art Group

Friday 9th August 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Coffee Morning

Wednesday 7th August 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Friendship Afternoon Tea

Friday 9th August 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Mindfulness well-being group

Wednesday 7th August 2024 @ 10:00am
Sherwood Room

For more details see <http://local page>



Just Good Friends

Monday 12th August 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Crafty Corner

Wednesday 7th August 2024 @ 10:30am

For more details see <http://local page>.



Seated Exercise

Tuesday 13th August 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Weight Management advice.

Wednesday 7th August 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Baby & Toddlers Club

Wednesday 14th August 2024 @ 9:30am
Halls

For more details see <http://local Page>



Falls Prevention

Thursday 8th August 2024 @ 10:30am
Halls

For more details please see <http://local page>



Coffee Morning

Wednesday 14th August 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Older People's Friendly Group

Thursday 8th August 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mindfulness well-being group

Wednesday 14th August 2024 @ 10:00am
Sherwood Room



Thursday Group

Thursday 8th August 2024 @ 2:30pm
Sanctuary

For more info see <http://local Page>



Crafty Corner

Wednesday 14th August 2024 @ 10:30am

For more details see <http://local page>.



Grumpy Men's Lunch

Wednesday 14th August 2024 @ 12:00pm
Cafe Area

For more Info see <http://local Page>



Weight Management advice.

Wednesday 14th August 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 15th August 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 15th August 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 15th August 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 16th August 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 16th August 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 19th August 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 20th August 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 21st August 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 21st August 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 21st August 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 21st August 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 21st August 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 22nd August 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 22nd August 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 22nd August 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



The Crossing

22

Mind #at Well Cafe

Thursday 22nd August 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>

23

Art Group

Friday 23rd August 2024 @ 10:00am
Hardwick room

For more details see <http://local page>

23

Friendship Afternoon Tea

Friday 23rd August 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"

26

Just Good Friends

Monday 26th August 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local page>

27

Seated Exercise

Tuesday 27th August 2024 @ 10:30am
Sanctuary

For more details see <http://local page>

28

Baby & Toddlers Club

Wednesday 28th August 2024 @ 9:30am
Halls

For more details see <http://local page>

28

Coffee Morning

Wednesday 28th August 2024 @ 10:00am
Cafe area

For mor info see <http://local page>

28

Mindfulness well-being group

Wednesday 28th August 2024 @ 10:00am
Sherwood Room

28

Crafty Corner

Wednesday 28th August 2024 @ 10:30am

For more details see <http://local page>.

28

Weight Management advice.

Wednesday 28th August 2024 @ 6:00pm
Halls

for more details see the <http://local page>

29

Falls Prevention

Thursday 29th August 2024 @ 10:30am
Halls

For more details please see <http://local page>

29

Older People's Friendly Group

Thursday 29th August 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>

29

Mind #at Well Cafe

Thursday 29th August 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>

30

Art Group

Friday 30th August 2024 @ 10:00am
Hardwick room

For more details see <http://local page>

30

Friendship Afternoon Tea

Friday 30th August 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"

2

Just Good Friends

Monday 2nd September 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local page>

3

Seated Exercise

Tuesday 3rd September 2024 @ 10:30am
Sanctuary

For more details see <http://local page>



The Crossing



Baby & Toddlers Club

Wednesday 4th September 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 4th September 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 4th September 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 4th September 2024 @ 10:30am

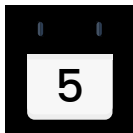
For more details see <http://local page>.



Weight Management advice.

Wednesday 4th September 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 5th September 2024 @ 10:30am
Halls

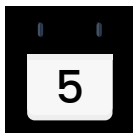
For more details please see <http://local page>



Older People's Friendly Group

Thursday 5th September 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 5th September 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 6th September 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 6th September 2024 @ 1:00pm
Cafe area

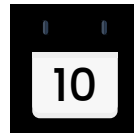
Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 9th September 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 10th September 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 11th September 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 11th September 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 11th September 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 11th September 2024 @ 10:30am

For more details see <http://local page>.



Grumpy Men's Lunch

Wednesday 11th September 2024 @ 12:00pm
Cafe Area

For more info see <http://local Page>



Weight Management advice.

Wednesday 11th September 2024 @ 6:00pm
Halls

for more details see the <http://local page>



The Crossing



Falls Prevention

Thursday 12th September 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 12th September 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 12th September 2024 @ 2:30pm
Sanctuary

For more info see <http://local Page>



Mind #at Well Cafe

Thursday 12th September 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 13th September 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 13th September 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 16th September 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 17th September 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 18th September 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 18th September 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 18th September 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 18th September 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 18th September 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 19th September 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 19th September 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 19th September 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 20th September 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



20

Friendship Afternoon Tea

Friday 20th September 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"

23

Just Good Friends

Monday 23rd September 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local page>

24

Seated Exercise

Tuesday 24th September 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>

25

Baby & Toddlers Club

Wednesday 25th September 2024 @ 9:30am
Halls

For more details see <http://local Page>

25

Coffee Morning

Wednesday 25th September 2024 @ 10:00am
Cafe area

For mor info see <http://local page>

25

Mindfulness well-being group

Wednesday 25th September 2024 @ 10:00am
Sherwood Room

25

Crafty Corner

Wednesday 25th September 2024 @ 10:30am

For more details see <http://local page>.

25

Weight Management advice.

Wednesday 25th September 2024 @ 6:00pm
Halls

for more details see the <http://local page>

26

Falls Prevention

Thursday 26th September 2024 @ 10:30am
Halls

For more details please see <http://local page>

26

Older People's Friendly Group

Thursday 26th September 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>

26

Thursday Group

Thursday 26th September 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>

26

Mind #at Well Cafe

Thursday 26th September 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>

27

Art Group

Friday 27th September 2024 @ 10:00am
Hardwick room

For more details see <http://local page>

27

Friendship Afternoon Tea

Friday 27th September 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"

30

Just Good Friends

Monday 30th September 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>

1

Seated Exercise

Tuesday 1st October 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>

2

Baby & Toddlers Club

Wednesday 2nd October 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 2nd October 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 2nd October 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 2nd October 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 2nd October 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 3rd October 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 3rd October 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 3rd October 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 4th October 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 4th October 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 7th October 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 8th October 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 9th October 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 9th October 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 9th October 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 9th October 2024 @ 10:30am

For more details see <http://local page>.



Grumpy Men's Lunch

Wednesday 9th October 2024 @ 12:00pm
Cafe Area

For more Info see <http://local Page>



Weight Management advice.

Wednesday 9th October 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 10th October 2024 @ 10:30am
Halls

For more details please see <http://local page>



The Crossing



Older People's Friendly Group
Thursday 10th October 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group
Thursday 10th October 2024 @ 2:30pm
Sanctuary

For more info see <http://local Page>



Mind #at Well Cafe
Thursday 10th October 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group
Friday 11th October 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea
Friday 11th October 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends
Monday 14th October 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise
Tuesday 15th October 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club
Wednesday 16th October 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning
Wednesday 16th October 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group
Wednesday 16th October 2024 @ 10:00am
Sherwood Room



Crafty Corner
Wednesday 16th October 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.
Wednesday 16th October 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention
Thursday 17th October 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group
Thursday 17th October 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe
Thursday 17th October 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group
Friday 18th October 2024 @ 10:00am
Hardwick room

For more details see <http://local page>

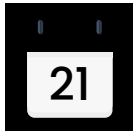


Friendship Afternoon Tea
Friday 18th October 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



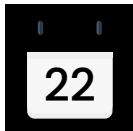
The Crossing



Just Good Friends

Monday 21st October 2024 @ 6:45pm
Cafe Area & Sanctuary

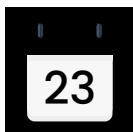
For more details see <http://local Page>



Seated Exercise

Tuesday 22nd October 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 23rd October 2024 @ 9:30am
Halls

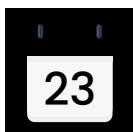
For more details see <http://local Page>



Coffee Morning

Wednesday 23rd October 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

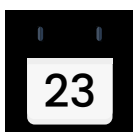
Wednesday 23rd October 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 23rd October 2024 @ 10:30am

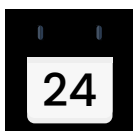
For more details see <http://local page>.



Weight Management advice.

Wednesday 23rd October 2024 @ 6:00pm
Halls

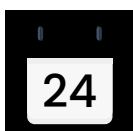
for more details see the <http://local page>



Falls Prevention

Thursday 24th October 2024 @ 10:30am
Halls

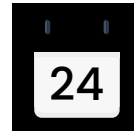
For more details please see <http://local page>



Older People's Friendly Group

Thursday 24th October 2024 @ 12:00pm
Epworth Hall

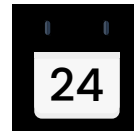
For More details see <http://local page>



Thursday Group

Thursday 24th October 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



Mind #at Well Cafe

Thursday 24th October 2024 @ 3:00pm
Cafe Space

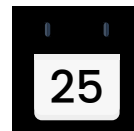
For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 25th October 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 25th October 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 28th October 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 29th October 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 30th October 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 30th October 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



The Crossing



Mindfulness well-being group

Wednesday 30th October 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 30th October 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 30th October 2024 @ 6:00pm
Halls

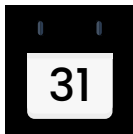
for more details see the <http://local page>



Falls Prevention

Thursday 31st October 2024 @ 10:30am
Halls

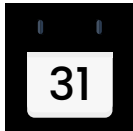
For more details please see <http://local page>



Older People's Friendly Group

Thursday 31st October 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 31st October 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 1st November 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 1st November 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 4th November 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 5th November 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 6th November 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 6th November 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 6th November 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 6th November 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 6th November 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 7th November 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 7th November 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 7th November 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



The Crossing



Art Group

Friday 8th November 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 8th November 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 11th November 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 12th November 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 13th November 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 13th November 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 13th November 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 13th November 2024 @ 10:30am

For more details see <http://local page>.



Grumpy Men's Lunch

Wednesday 13th November 2024 @ 12:00pm
Cafe Area

For more Info see <http://local Page>



Weight Management advice.

Wednesday 13th November 2024 @ 6:00pm
Halls

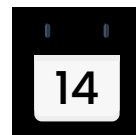
for more details see the <http://local page>



Falls Prevention

Thursday 14th November 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 14th November 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 14th November 2024 @ 2:30pm
Sanctuary

For more info see <http://local Page>



Mind #at Well Cafe

Thursday 14th November 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 15th November 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 15th November 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 18th November 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 19th November 2024 @ 10:30am
Sanctuary

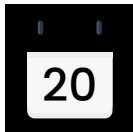
For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 20th November 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

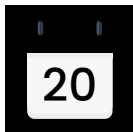
Wednesday 20th November 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 20th November 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 20th November 2024 @ 10:30am

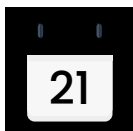
For more details see <http://local page>.



Weight Management advice.

Wednesday 20th November 2024 @ 6:00pm
Halls

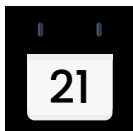
for more details see the <http://local page>



Falls Prevention

Thursday 21st November 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 21st November 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 21st November 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 22nd November 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 22nd November 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 25th November 2024 @ 6:45pm
Cafe Area & Sanctuary

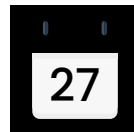
For more details see <http://local Page>



Seated Exercise

Tuesday 26th November 2024 @ 10:30am
Sanctuary

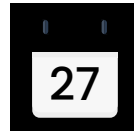
For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 27th November 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

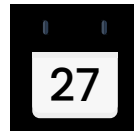
Wednesday 27th November 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 27th November 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 27th November 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 27th November 2024 @ 6:00pm
Halls

for more details see the <http://local page>



The Crossing



Falls Prevention

Thursday 28th November 2024 @ 10:30am
Halls

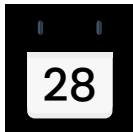
For more details please see <http://local page>



Older People's Friendly Group

Thursday 28th November 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 28th November 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



Mind #at Well Cafe

Thursday 28th November 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 29th November 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 29th November 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 2nd December 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 3rd December 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 4th December 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 4th December 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 4th December 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 4th December 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 4th December 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 5th December 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 5th December 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 5th December 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 6th December 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 6th December 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 9th December 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local page>



Seated Exercise

Tuesday 10th December 2024 @ 10:30am
Sanctuary

For more details see <http://local page>



Baby & Toddlers Club

Wednesday 11th December 2024 @ 9:30am
Halls

For more details see <http://local page>



Coffee Morning

Wednesday 11th December 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 11th December 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 11th December 2024 @ 10:30am

For more details see <http://local page>.



Grumpy Men's Lunch

Wednesday 11th December 2024 @ 12:00pm
Cafe Area

For more Info see <http://local page>



Weight Management advice.

Wednesday 11th December 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 12th December 2024 @ 10:30am
Halls

For more details please see <http://local page>



Older People's Friendly Group

Thursday 12th December 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Thursday Group

Thursday 12th December 2024 @ 2:30pm
Sanctuary

For more info see <http://local page>



Mind #at Well Cafe

Thursday 12th December 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 13th December 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea

Friday 13th December 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 16th December 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local page>



Seated Exercise

Tuesday 17th December 2024 @ 10:30am
Sanctuary

For more details see <http://local page>



The Crossing



Baby & Toddlers Club

Wednesday 18th December 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

Wednesday 18th December 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 18th December 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 18th December 2024 @ 10:30am

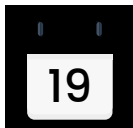
For more details see <http://local page>.



Weight Management advice.

Wednesday 18th December 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 19th December 2024 @ 10:30am
Halls

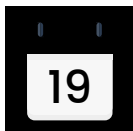
For more details please see <http://local page>



Older People's Friendly Group

Thursday 19th December 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mind #at Well Cafe

Thursday 19th December 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group

Friday 20th December 2024 @ 10:00am
Hardwick room

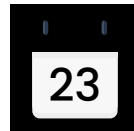
For more details see <http://local page>



Friendship Afternoon Tea

Friday 20th December 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends

Monday 23rd December 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise

Tuesday 24th December 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club

Wednesday 25th December 2024 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning

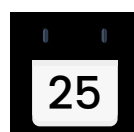
Wednesday 25th December 2024 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group

Wednesday 25th December 2024 @ 10:00am
Sherwood Room



Crafty Corner

Wednesday 25th December 2024 @ 10:30am

For more details see <http://local page>.



Weight Management advice.

Wednesday 25th December 2024 @ 6:00pm
Halls

for more details see the <http://local page>



Falls Prevention

Thursday 26th December 2024 @ 10:30am
Halls

For more details please see <http://local page>



The Crossing



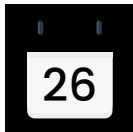
Older People's Friendly Group
Thursday 26th December 2024 @ 12:00pm
Epworth Hall

For More details see <http://local page>



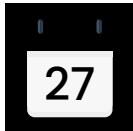
Thursday Group
Thursday 26th December 2024 @ 2:00pm
Sanctuary

For more info see <http://local page>



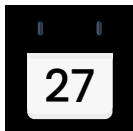
Mind #at Well Cafe
Thursday 26th December 2024 @ 3:00pm
Cafe Space

For more details visit <https://nottinghamshiremind.org.uk/well-cafe/>



Art Group
Friday 27th December 2024 @ 10:00am
Hardwick room

For more details see <http://local page>



Friendship Afternoon Tea
Friday 27th December 2024 @ 1:00pm
Cafe area

Hot drinks, Soup & a Roll , Cakes & Snacks.
on a "Pay as you can basis"



Just Good Friends
Monday 30th December 2024 @ 6:45pm
Cafe Area & Sanctuary

For more details see <http://local Page>



Seated Exercise
Tuesday 31st December 2024 @ 10:30am
Sanctuary

For more details see <http://local Page>



Baby & Toddlers Club
Wednesday 1st January 2025 @ 9:30am
Halls

For more details see <http://local Page>



Coffee Morning
Wednesday 1st January 2025 @ 10:00am
Cafe area

For mor info see <http://local page>



Mindfulness well-being group
Wednesday 1st January 2025 @ 10:00am
Sherwood Room



Older People's Friendly Group
Thursday 2nd January 2025 @ 12:00pm
Epworth Hall

For More details see <http://local page>



Mindfulness well-being group
Wednesday 8th January 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group
Wednesday 15th January 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group
Wednesday 22nd January 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group
Wednesday 29th January 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group
Wednesday 5th February 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group
Wednesday 12th February 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group
Wednesday 19th February 2025 @ 10:00am
Sherwood Room



Mindfulness well-being group

Wednesday 26th February 2025 @ 10:00am
Sherwood Room