



## The Crossing Calendar



### Seated Exercise (for those with a MS diagnosis)

Thursday 1st May 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.



### Older People's Friendly Group

Thursday 1st May 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



### Seated Exercise (Parkinson's)

Thursday 1st May 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details



### Stroke Club

Thursday 1st May 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



### Friday Coffee mornings

Friday 2nd May 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



### Friendship Afternoon Tea

Friday 2nd May 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



### Morning Worship

Sunday 4th May 2025 @ 10:30am



### Just Good Friends

Monday 5th May 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



### Mindfulness Wellbeing Group

Tuesday 6th May 2025 @ 10:00am  
Onyx Room



### Seated Exercise

Tuesday 6th May 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



### Baby & Toddlers Group

Wednesday 7th May 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



### Coffee Morning & Lunch

Wednesday 7th May 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



### Falls Prevention

Wednesday 7th May 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



### Crafty Corner

Wednesday 7th May 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



### Weight Management Advice

Wednesday 7th May 2025 @ 2:30pm  
Halls

For more info please see the <http://local>



### Weight Management Session

Wednesday 7th May 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



# The Crossing

8

## Seated Exercise (for those with a MS diagnosis)

Thursday 8th May 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.

8

## Older People's Friendly Group

Thursday 8th May 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

8

## Seated Exercise (Parkinson's)

Thursday 8th May 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details

8

## Thursday Group

Thursday 8th May 2025 @ 2:30pm  
Sanctuary

9

## Friday Coffee mornings

Friday 9th May 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.

9

## Friendship Afternoon Tea

Friday 9th May 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

11

## Morning Worship

Sunday 11th May 2025 @ 10:30am

12

## Just Good Friends

Monday 12th May 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

13

## Mindfulness Wellbeing Group

Tuesday 13th May 2025 @ 10:00am  
Onyx Room

13

## Seated Exercise

Tuesday 13th May 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

14

## Baby & Toddlers Group

Wednesday 14th May 2025 @ 9:30am  
Halls

For mor details see the <http://local>

14

## Coffee Morning & Lunch

Wednesday 14th May 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details

14

## Falls Prevention

Wednesday 14th May 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>

14

## Crafty Corner

Wednesday 14th May 2025 @ 10:30am  
Onyx Room

For more details see <http://local>

14

## Grumpy Men's Lunch

Wednesday 14th May 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>

14

## Weight Management Advice

Wednesday 14th May 2025 @ 2:30pm  
Halls

For more info please see the <http://local>

14

## Weight Management Session

Wednesday 14th May 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



# The Crossing

15

## Seated Exercise (for those with a MS diagnosis)

Thursday 15th May 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.

15

## Older People's Friendly Group

Thursday 15th May 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

15

## Seated Exercise (Parkinson's)

Thursday 15th May 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details

15

## Stroke Club

Thursday 15th May 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details

16

## Friday Coffee mornings

Friday 16th May 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.

16

## Friendship Afternoon Tea

Friday 16th May 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

18

## Morning Worship

Sunday 18th May 2025 @ 10:30am

19

## Just Good Friends

Monday 19th May 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

20

## Mindfulness Wellbeing Group

Tuesday 20th May 2025 @ 10:00am  
Onyx Room

20

## Seated Exercise

Tuesday 20th May 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

21

## Baby & Toddlers Group

Wednesday 21st May 2025 @ 9:30am  
Halls

For mor details see the <http://local>

21

## Coffee Morning & Lunch

Wednesday 21st May 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details

21

## Falls Prevention

Wednesday 21st May 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>

21

## Crafty Corner

Wednesday 21st May 2025 @ 10:30am  
Onyx Room

For more details see <http://local>

21

## Weight Management Advice

Wednesday 21st May 2025 @ 2:30pm  
Halls

For more info please see the <http://local>

21

## Weight Management Session

Wednesday 21st May 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

22

## Seated Exercise (for those with a MS diagnosis)

Thursday 22nd May 2025 @ 11:00am  
Sanctuary



# The Crossing

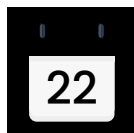
See <http://local> for more details.



## Older People's Friendly Group

Thursday 22nd May 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Seated Exercise (Parkinson's)

Thursday 22nd May 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details



## Thursday Group

Thursday 22nd May 2025 @ 2:30pm  
Sanctuary

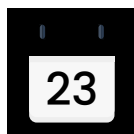


## Friday Coffee mornings

Friday 23rd May 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



## Friendship Afternoon Tea

Friday 23rd May 2025 @ 12:30pm  
Cafe

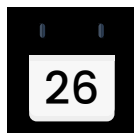
Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 25th May 2025 @ 10:30am



## Just Good Friends

Monday 26th May 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 27th May 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 27th May 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 28th May 2025 @ 9:30am  
Nalls

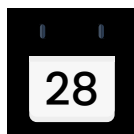
For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 28th May 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 28th May 2025 @ 10:15am  
Sanctuary

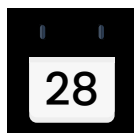
For more details see the <http://local>



## Crafty Corner

Wednesday 28th May 2025 @ 10:30am  
Onyx Room

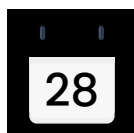
For more details see <http://local>



## Weight Management Advice

Wednesday 28th May 2025 @ 2:30pm  
Halls

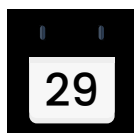
For more info please see the <http://local>



## Weight Management Session

Wednesday 28th May 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Seated Exercise (for those with a MS diagnosis)

Thursday 29th May 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.



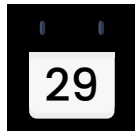
# The Crossing



## Older People's Friendly Group

Thursday 29th May 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Seated Exercise (Parkinson's)

Thursday 29th May 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details



## Friday Coffee mornings

Friday 30th May 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



## Friendship Afternoon Tea

Friday 30th May 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 1st June 2025 @ 10:30am



## Just Good Friends

Monday 2nd June 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 3rd June 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 3rd June 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 4th June 2025 @ 9:30am  
Halls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 4th June 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .

See <http://local> for more details



## Falls Prevention

Wednesday 4th June 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 4th June 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Advice

Wednesday 4th June 2025 @ 2:30pm  
Halls

For more info please see the <http://local>



## Weight Management Session

Wednesday 4th June 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Seated Exercise (for those with a MS diagnosis)

Thursday 5th June 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.



## Older People's Friendly Group

Thursday 5th June 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



# The Crossing



## Seated Exercise (Parkinson's)

Thursday 5th June 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details



## Stroke Club

Thursday 5th June 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friday Coffee mornings

Friday 6th June 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



## Friendship Afternoon Tea

Friday 6th June 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 8th June 2025 @ 10:30am



## Just Good Friends

Monday 9th June 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 10th June 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 10th June 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 11th June 2025 @ 9:30am  
Halls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 11th June 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 11th June 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 11th June 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Grumpy Men's Lunch

Wednesday 11th June 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Weight Management Advice

Wednesday 11th June 2025 @ 2:30pm  
Halls

For more info please see the <http://local>



## Weight Management Session

Wednesday 11th June 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Seated Exercise (for those with a MS diagnosis)

Thursday 12th June 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.



# The Crossing



## Older People's Friendly Group

Thursday 12th June 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Seated Exercise (Parkinson's)

Thursday 12th June 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details



## Thursday Group

Thursday 12th June 2025 @ 2:30pm  
Sanctuary



## Friday Coffee mornings

Friday 13th June 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



## Friendship Afternoon Tea

Friday 13th June 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 15th June 2025 @ 10:30am



## Just Good Friends

Monday 16th June 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 17th June 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 17th June 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 18th June 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 18th June 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 18th June 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 18th June 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Advice

Wednesday 18th June 2025 @ 2:30pm  
Halls

For more info please see the <http://local>



## Weight Management Session

Wednesday 18th June 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Seated Exercise (for those with a MS diagnosis)

Thursday 19th June 2025 @ 11:00am  
Sanctuary

See <http://local> for more details.



# The Crossing

19

## Older People's Friendly Group

Thursday 19th June 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

19

## Seated Exercise (Parkinson's)

Thursday 19th June 2025 @ 2:00pm  
Sanctuary

See the <http://local> for more details

19

## Stroke Club

Thursday 19th June 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details

20

## Friday Coffee mornings

Friday 20th June 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.

20

## Friendship Afternoon Tea

Friday 20th June 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

22

## Morning Worship

Sunday 22nd June 2025 @ 10:30am

23

## Just Good Friends

Monday 23rd June 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

24

## Mindfulness Wellbeing Group

Tuesday 24th June 2025 @ 10:00am  
Onyx Room

24

## Seated Exercise

Tuesday 24th June 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

25

## Baby & Toddlers Group

Wednesday 25th June 2025 @ 9:30am  
Nalls

For mor details see the <http://local>

25

## Coffee Morning & Lunch

Wednesday 25th June 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details

25

## Falls Prevention

Wednesday 25th June 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>

25

## Crafty Corner

Wednesday 25th June 2025 @ 10:30am  
Onyx Room

For more details see <http://local>

25

## Weight Management Advice

Wednesday 25th June 2025 @ 2:30pm  
Halls

For more info please see the <http://local>

25

## Weight Management Session

Wednesday 25th June 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

26

## Older People's Friendly Group

Thursday 26th June 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>





# The Crossing



## Thursday Group

Thursday 26th June 2025 @ 2:30pm  
Sanctuary

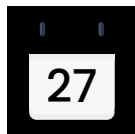


## Friday Coffee mornings

Friday 27th June 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.

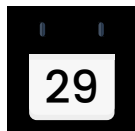


## Friendship Afternoon Tea

Friday 27th June 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 29th June 2025 @ 10:30am



## Just Good Friends

Monday 30th June 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 1st July 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 1st July 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 2nd July 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 2nd July 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 2nd July 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 2nd July 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Advice

Wednesday 2nd July 2025 @ 2:30pm  
Halls

For more info please see the <http://local>



## Weight Management Session

Wednesday 2nd July 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 3rd July 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 3rd July 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friday Coffee mornings

Friday 4th July 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



# The Crossing

4

## Friendship Afternoon Tea

Friday 4th July 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

9

## Crafty Corner

Wednesday 9th July 2025 @ 10:30am  
Onyx Room

For more details see <http://local>

6

## Morning Worship

Sunday 6th July 2025 @ 10:30am

on a "Pay as you can basis"

9

## Grumpy Men's Lunch

Wednesday 9th July 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>

7

## Just Good Friends

Monday 7th July 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

9

## Weight Management Advice

Wednesday 9th July 2025 @ 2:30pm  
Halls

For more info please see the <http://local>

8

## Mindfulness Wellbeing Group

Tuesday 8th July 2025 @ 10:00am  
Onyx Room

9

## Weight Management Session

Wednesday 9th July 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

8

## Seated Exercise

Tuesday 8th July 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

10

## Older People's Friendly Group

Thursday 10th July 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

9

## Baby & Toddlers Group

Wednesday 9th July 2025 @ 9:30am  
Nalls

For mor details see the <http://local>

10

## Thursday Group

Thursday 10th July 2025 @ 2:30pm  
Sanctuary

9

## Coffee Morning & Lunch

Wednesday 9th July 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details

11

## Friday Coffee mornings

Friday 11th July 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.

9

## Falls Prevention

Wednesday 9th July 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>

11

## Friendship Afternoon Tea

Friday 11th July 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

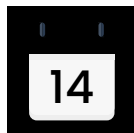


# The Crossing



## Morning Worship

Sunday 13th July 2025 @ 10:30am



## Just Good Friends

Monday 14th July 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

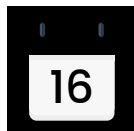
Tuesday 15th July 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 15th July 2025 @ 10:30am  
Sanctuary

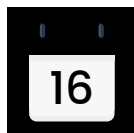
For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 16th July 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 16th July 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 16th July 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 16th July 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Advice

Wednesday 16th July 2025 @ 2:30pm  
Halls

For more info please see the <http://local>



## Weight Management Session

Wednesday 16th July 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 17th July 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 17th July 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friday Coffee mornings

Friday 18th July 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



## Friendship Afternoon Tea

Friday 18th July 2025 @ 12:30pm  
Cafe

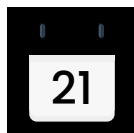
Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 20th July 2025 @ 10:30am



## Just Good Friends

Monday 21st July 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 22nd July 2025 @ 10:00am  
Onyx Room



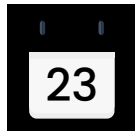
# The Crossing



## Seated Exercise

Tuesday 22nd July 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 23rd July 2025 @ 9:30am  
Nalls

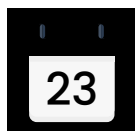
For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 23rd July 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 23rd July 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 23rd July 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 23rd July 2025 @ 6:00pm  
Halls

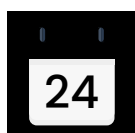
For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 24th July 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 24th July 2025 @ 2:30pm  
Sanctuary



## Friday Coffee mornings

Friday 25th July 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See<http://local> for more details.

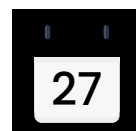


## Friendship Afternoon Tea

Friday 25th July 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Morning Worship

Sunday 27th July 2025 @ 10:30am



## Just Good Friends

Monday 28th July 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 29th July 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 29th July 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 30th July 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 30th July 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 30th July 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



# The Crossing



## Crafty Corner

Wednesday 30th July 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 30th July 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 31st July 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Friday Coffee mornings

Friday 1st August 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



## Friendship Afternoon Tea

Friday 1st August 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 4th August 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 5th August 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 5th August 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 6th August 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Coffee Morning & Lunch

Wednesday 6th August 2025 @ 10:00am

Hosted by staff & students from the North Notts College Flex team .  
See <http://local> for more details



## Falls Prevention

Wednesday 6th August 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 6th August 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 6th August 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 7th August 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 7th August 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friday Coffee mornings

Friday 8th August 2025 @ 10:00am  
Cafe

Church coffee morning, hosted by Church volunteers.

See <http://local> for more details.



# The Crossing

8

**Friendship Afternoon Tea**  
Friday 8th August 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

13

**Weight Management Session**  
Wednesday 13th August 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

11

**Just Good Friends**  
Monday 11th August 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

14

**Older People's Friendly Group**  
Thursday 14th August 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

12

**Mindfulness Wellbeing Group**  
Tuesday 12th August 2025 @ 10:00am  
Onyx Room

14

**Thursday Group**  
Thursday 14th August 2025 @ 2:30pm  
Sanctuary

12

**Seated Exercise**  
Tuesday 12th August 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

15

**Friendship Afternoon Tea**  
Friday 15th August 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

13

**Baby & Toddlers Group**  
Wednesday 13th August 2025 @ 9:30am  
Nalls

For mor details see the <http://local>

18

**Just Good Friends**  
Monday 18th August 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

13

**Falls Prevention**  
Wednesday 13th August 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>

19

**Mindfulness Wellbeing Group**  
Tuesday 19th August 2025 @ 10:00am  
Onyx Room

13

**Crafty Corner**  
Wednesday 13th August 2025 @ 10:30am  
Onyx Room

For more details see <http://local>

19

**Seated Exercise**  
Tuesday 19th August 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

13

**Grumpy Men's Lunch**  
Wednesday 13th August 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>

20

**Baby & Toddlers Group**  
Wednesday 20th August 2025 @ 9:30am  
Nalls

For mor details see the <http://local>

20

**Falls Prevention**  
Wednesday 20th August 2025 @ 10:15am  
Sanctuary



# The Crossing

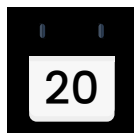
For more details see the <http://local>



## Crafty Corner

Wednesday 20th August 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 20th August 2025 @ 6:00pm  
Halls

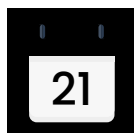
For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 21st August 2025 @ 12:00pm  
Epworth Hall

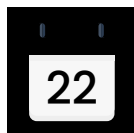
For more details see <http://local>



## Stroke Club

Thursday 21st August 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details

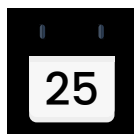


## Friendship Afternoon Tea

Friday 22nd August 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

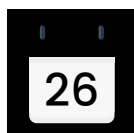
on a "Pay as you can basis"



## Just Good Friends

Monday 25th August 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

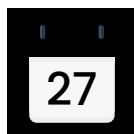
Tuesday 26th August 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 26th August 2025 @ 10:30am  
Sanctuary

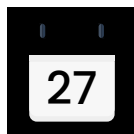
For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 27th August 2025 @ 9:30am  
Nalls

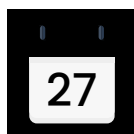
For mor details see the <http://local>



## Falls Prevention

Wednesday 27th August 2025 @ 10:15am  
Sanctuary

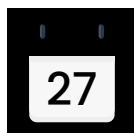
For more details see the <http://local>



## Crafty Corner

Wednesday 27th August 2025 @ 10:30am  
Onyx Room

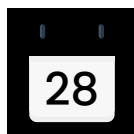
For more details see <http://local>



## Weight Management Session

Wednesday 27th August 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

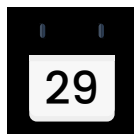
Thursday 28th August 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 28th August 2025 @ 2:30pm  
Sanctuary



## Friendship Afternoon Tea

Friday 29th August 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 1st September 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



# The Crossing



## Mindfulness Wellbeing Group

Tuesday 2nd September 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 2nd September 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 3rd September 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 3rd September 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 3rd September 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 3rd September 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 4th September 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 4th September 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 5th September 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 8th September 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 9th September 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 9th September 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 10th September 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 10th September 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 10th September 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Grumpy Men's Lunch

Wednesday 10th September 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Weight Management Session

Wednesday 10th September 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>





# The Crossing



## Older People's Friendly Group

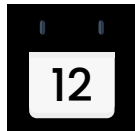
Thursday 11th September 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 11th September 2025 @ 2:30pm  
Sanctuary

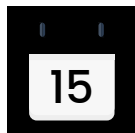


## Friendship Afternoon Tea

Friday 12th September 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

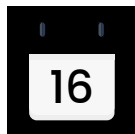
on a "Pay as you can basis"



## Just Good Friends

Monday 15th September 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 16th September 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 16th September 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 17th September 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 17th September 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 17th September 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 17th September 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 18th September 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 18th September 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 19th September 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 22nd September 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

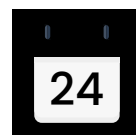
Tuesday 23rd September 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 23rd September 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



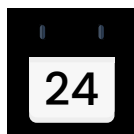
## Baby & Toddlers Group

Wednesday 24th September 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



# The Crossing



## Falls Prevention

Wednesday 24th September 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 24th September 2025 @ 10:30am  
Onyx Room

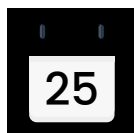
For more details see <http://local>



## Weight Management Session

Wednesday 24th September 2025 @ 6:00pm  
Halls

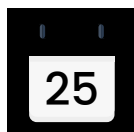
For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 25th September 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 25th September 2025 @ 2:30pm  
Sanctuary



## Friendship Afternoon Tea

Friday 26th September 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 29th September 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 30th September 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 30th September 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 1st October 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 1st October 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 1st October 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 1st October 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 2nd October 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 2nd October 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 3rd October 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 6th October 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



# The Crossing



## Mindfulness Wellbeing Group

Tuesday 7th October 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 7th October 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 8th October 2025 @ 9:30am  
Halls

For mor details see the <http://local>



## Falls Prevention

Wednesday 8th October 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 8th October 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Grumpy Men's Lunch

Wednesday 8th October 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Weight Management Session

Wednesday 8th October 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

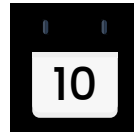
Thursday 9th October 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 9th October 2025 @ 2:30pm  
Sanctuary



## Friendship Afternoon Tea

Friday 10th October 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 13th October 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 14th October 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 14th October 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 15th October 2025 @ 9:30am  
Halls

For mor details see the <http://local>



## Falls Prevention

Wednesday 15th October 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 15th October 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



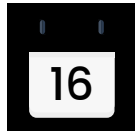
## Weight Management Session

Wednesday 15th October 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



# The Crossing



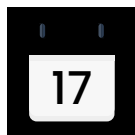
**Older People's Friendly Group**  
Thursday 16th October 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



**Stroke Club**  
Thursday 16th October 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



**Friendship Afternoon Tea**  
Friday 17th October 2025 @ 12:30pm  
Cafe

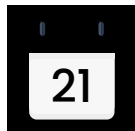
Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

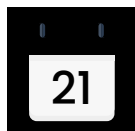


**Just Good Friends**  
Monday 20th October 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



**Mindfulness Wellbeing Group**  
Tuesday 21st October 2025 @ 10:00am  
Onyx Room



**Seated Exercise**  
Tuesday 21st October 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



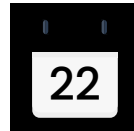
**Baby & Toddlers Group**  
Wednesday 22nd October 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



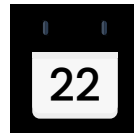
**Falls Prevention**  
Wednesday 22nd October 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



**Crafty Corner**  
Wednesday 22nd October 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



**Weight Management Session**  
Wednesday 22nd October 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

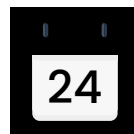


**Older People's Friendly Group**  
Thursday 23rd October 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



**Thursday Group**  
Thursday 23rd October 2025 @ 2:30pm  
Sanctuary



**Friendship Afternoon Tea**  
Friday 24th October 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



**Just Good Friends**  
Monday 27th October 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



**Mindfulness Wellbeing Group**  
Tuesday 28th October 2025 @ 10:00am  
Onyx Room



**Seated Exercise**  
Tuesday 28th October 2025 @ 10:30am  
Sanctuary

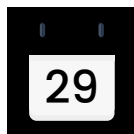
For more info see <http://local> page.



**Baby & Toddlers Group**  
Wednesday 29th October 2025 @ 9:30am  
Nalls



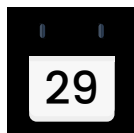
For mor details see the <http://local>



## Falls Prevention

Wednesday 29th October 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 29th October 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 29th October 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 30th October 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Friendship Afternoon Tea

Friday 31st October 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 3rd November 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 4th November 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 4th November 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 5th November 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 5th November 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 5th November 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 5th November 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 6th November 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 6th November 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 7th November 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 10th November 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



# The Crossing



**Mindfulness Wellbeing Group**  
Tuesday 11th November 2025 @ 10:00am  
Onyx Room



**Seated Exercise**  
Tuesday 11th November 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



**Baby & Toddlers Group**  
Wednesday 12th November 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



**Falls Prevention**  
Wednesday 12th November 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



**Crafty Corner**  
Wednesday 12th November 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



**Grumpy Men's Lunch**  
Wednesday 12th November 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>



**Weight Management Session**  
Wednesday 12th November 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

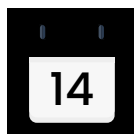


**Older People's Friendly Group**  
Thursday 13th November 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



**Thursday Group**  
Thursday 13th November 2025 @ 2:30pm  
Sanctuary



**Friendship Afternoon Tea**  
Friday 14th November 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



**Just Good Friends**  
Monday 17th November 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



**Mindfulness Wellbeing Group**  
Tuesday 18th November 2025 @ 10:00am  
Onyx Room



**Seated Exercise**  
Tuesday 18th November 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



**Baby & Toddlers Group**  
Wednesday 19th November 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



**Falls Prevention**  
Wednesday 19th November 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



**Crafty Corner**  
Wednesday 19th November 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



**Weight Management Session**  
Wednesday 19th November 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



# The Crossing

20

## Older People's Friendly Group

Thursday 20th November 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

20

## Stroke Club

Thursday 20th November 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details

21

## Friendship Afternoon Tea

Friday 21st November 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

24

## Just Good Friends

Monday 24th November 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

25

## Mindfulness Wellbeing Group

Tuesday 25th November 2025 @ 10:00am  
Onyx Room

25

## Seated Exercise

Tuesday 25th November 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

26

## Baby & Toddlers Group

Wednesday 26th November 2025 @ 9:30am  
Nalls

For mor details see the <http://local>

26

## Falls Prevention

Wednesday 26th November 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>

26

## Crafty Corner

Wednesday 26th November 2025 @ 10:30am  
Onyx Room

For more details see <http://local>

26

## Weight Management Session

Wednesday 26th November 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>

27

## Older People's Friendly Group

Thursday 27th November 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>

27

## Thursday Group

Thursday 27th November 2025 @ 2:30pm  
Sanctuary

28

## Friendship Afternoon Tea

Friday 28th November 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

1

## Just Good Friends

Monday 1st December 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

2

## Mindfulness Wellbeing Group

Tuesday 2nd December 2025 @ 10:00am  
Onyx Room

2

## Seated Exercise

Tuesday 2nd December 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.

3

## Baby & Toddlers Group

Wednesday 3rd December 2025 @ 9:30am  
Nalls



For mor details see the <http://local>



## Falls Prevention

Wednesday 3rd December 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 3rd December 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 3rd December 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 4th December 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 4th December 2025 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 5th December 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 8th December 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 9th December 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 9th December 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 10th December 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 10th December 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 10th December 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Grumpy Men's Lunch

Wednesday 10th December 2025 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Weight Management Session

Wednesday 10th December 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

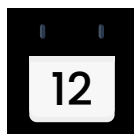
Thursday 11th December 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 11th December 2025 @ 2:30pm  
Sanctuary



## Friendship Afternoon Tea

Friday 12th December 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.





# The Crossing

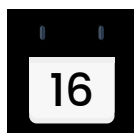
on a "Pay as you can basis"



## Just Good Friends

Monday 15th December 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 16th December 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 16th December 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 17th December 2025 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 17th December 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 17th December 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 17th December 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 18th December 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 18th December 2025 @ 7:00pm  
Cafe Area

See <http://local>for more details



## Friendship Afternoon Tea

Friday 19th December 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

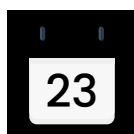
Monday 22nd December 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

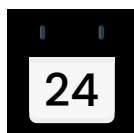
Tuesday 23rd December 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 23rd December 2025 @ 10:30am  
Sanctuary

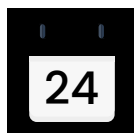
For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 24th December 2025 @ 9:30am  
Nalls

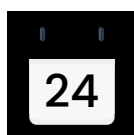
For mor details see the <http://local>



## Falls Prevention

Wednesday 24th December 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



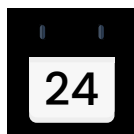
## Crafty Corner

Wednesday 24th December 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



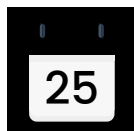
# The Crossing



## Weight Management Session

Wednesday 24th December 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 25th December 2025 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 25th December 2025 @ 2:30pm  
Sanctuary

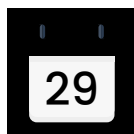


## Friendship Afternoon Tea

Friday 26th December 2025 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 29th December 2025 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 30th December 2025 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 30th December 2025 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 31st December 2025 @ 9:30am  
Halls

For mor details see the <http://local>



## Falls Prevention

Wednesday 31st December 2025 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 31st December 2025 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 31st December 2025 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 1st January 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 1st January 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 2nd January 2026 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 5th January 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 6th January 2026 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 6th January 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.



# The Crossing



## Baby & Toddlers Group

Wednesday 7th January 2026 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 7th January 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 7th January 2026 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 7th January 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 8th January 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 8th January 2026 @ 2:30pm  
Sanctuary



## Friendship Afternoon Tea

Friday 9th January 2026 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

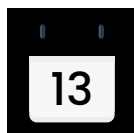
Monday 12th January 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 13th January 2026 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 13th January 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 14th January 2026 @ 9:30am  
Nalls

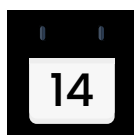
For mor details see the <http://local>



## Falls Prevention

Wednesday 14th January 2026 @ 10:15am  
Sanctuary

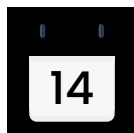
For more details see the <http://local>



## Crafty Corner

Wednesday 14th January 2026 @ 10:30am  
Onyx Room

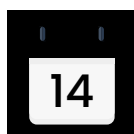
For more details see <http://local>



## Grumpy Men's Lunch

Wednesday 14th January 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Weight Management Session

Wednesday 14th January 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 15th January 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 15th January 2026 @ 7:00pm  
Cafe Area

See <http://local>for more details



# The Crossing

16

## Friendship Afternoon Tea

Friday 16th January 2026 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

19

## Just Good Friends

Monday 19th January 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

20

## Mindfulness Wellbeing Group

Tuesday 20th January 2026 @ 10:00am  
Onyx Room

20

## Seated Exercise

Tuesday 20th January 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.

21

## Baby & Toddlers Group

Wednesday 21st January 2026 @ 9:30am  
Nalls

For mor details see the <http://local>

21

## Falls Prevention

Wednesday 21st January 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>

21

## Crafty Corner

Wednesday 21st January 2026 @ 10:30am  
Onyx Room

For more details see <http://local>

21

## Weight Management Session

Wednesday 21st January 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>

22

## Older People's Friendly Group

Thursday 22nd January 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>

22

## Thursday Group

Thursday 22nd January 2026 @ 2:30pm  
Sanctuary

23

## Friendship Afternoon Tea

Friday 23rd January 2026 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"

26

## Just Good Friends

Monday 26th January 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

27

## Mindfulness Wellbeing Group

Tuesday 27th January 2026 @ 10:00am  
Onyx Room

27

## Seated Exercise

Tuesday 27th January 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.

28

## Baby & Toddlers Group

Wednesday 28th January 2026 @ 9:30am  
Nalls

For mor details see the <http://local>

28

## Falls Prevention

Wednesday 28th January 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>

28

## Crafty Corner

Wednesday 28th January 2026 @ 10:30am  
Onyx Room



# The Crossing

For more details see <http://local>



## Weight Management Session

Wednesday 28th January 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 29th January 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Friendship Afternoon Tea

Friday 30th January 2026 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 2nd February 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 3rd February 2026 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 3rd February 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 4th February 2026 @ 9:30am  
Halls

For mor details see the <http://local>



## Falls Prevention

Wednesday 4th February 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 4th February 2026 @ 10:30am  
Onyx Room

For more details see <http://local>



## Weight Management Session

Wednesday 4th February 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 5th February 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 5th February 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Friendship Afternoon Tea

Friday 6th February 2026 @ 12:30pm  
Cafe

Hot drinks, Soup & a Roll , Cakes & Snacks.

on a "Pay as you can basis"



## Just Good Friends

Monday 9th February 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 10th February 2026 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 10th February 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.



# The Crossing



## Baby & Toddlers Group

Wednesday 11th February 2026 @ 9:30am  
Halls

For mor details see the <http://local>



## Falls Prevention

Wednesday 11th February 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 11th February 2026 @ 10:30am  
Onyx Room

For more details see <http://local>



## Grumpy Men's Lunch

Wednesday 11th February 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Weight Management Session

Wednesday 11th February 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 12th February 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 12th February 2026 @ 2:30pm  
Sanctuary



## Just Good Friends

Monday 16th February 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page



## Mindfulness Wellbeing Group

Tuesday 17th February 2026 @ 10:00am  
Onyx Room



## Seated Exercise

Tuesday 17th February 2026 @ 10:30am  
Sanctuary

For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 18th February 2026 @ 9:30am  
Halls

For mor details see the <http://local>



## Falls Prevention

Wednesday 18th February 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 18th February 2026 @ 10:30am  
Onyx Room

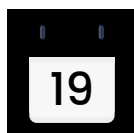
For more details see <http://local>



## Weight Management Session

Wednesday 18th February 2026 @ 6:00pm  
Halls

For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 19th February 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Stroke Club

Thursday 19th February 2026 @ 7:00pm  
Cafe Area

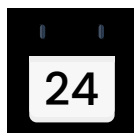
See <http://local>for more details



## Just Good Friends

Monday 23rd February 2026 @ 6:45pm  
Cafe & Sanctuary

For more info see <http://local> page

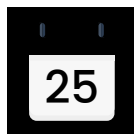


## Seated Exercise

Tuesday 24th February 2026 @ 10:30am  
Sanctuary



For more info see <http://local> page.



## Baby & Toddlers Group

Wednesday 25th February 2026 @ 9:30am  
Nalls

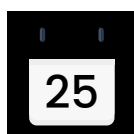
For mor details see the <http://local>



## Falls Prevention

Wednesday 25th February 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Crafty Corner

Wednesday 25th February 2026 @ 10:30am  
Onyx Room

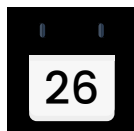
For more details see <http://local>



## Weight Management Session

Wednesday 25th February 2026 @ 6:00pm  
Halls

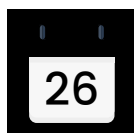
For more information & to book see <http://local>



## Older People's Friendly Group

Thursday 26th February 2026 @ 12:00pm  
Epworth Hall

For more details see <http://local>



## Thursday Group

Thursday 26th February 2026 @ 2:30pm  
Sanctuary



## Baby & Toddlers Group

Wednesday 4th March 2026 @ 9:30am  
Nalls

For mor details see the <http://local>



## Falls Prevention

Wednesday 4th March 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Stroke Club

Thursday 5th March 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Falls Prevention

Wednesday 11th March 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Grumpy Men's Lunch

Wednesday 11th March 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

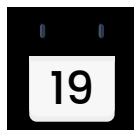
Thursday 12th March 2026 @ 2:30pm  
Sanctuary



## Falls Prevention

Wednesday 18th March 2026 @ 10:15am  
Sanctuary

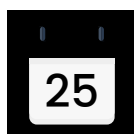
For more details see the <http://local>



## Stroke Club

Thursday 19th March 2026 @ 7:00pm  
Cafe Area

See <http://local>for more details



## Falls Prevention

Wednesday 25th March 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Thursday Group

Thursday 26th March 2026 @ 2:30pm  
Sanctuary



## Falls Prevention

Wednesday 1st April 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



# The Crossing



## Stroke Club

Thursday 2nd April 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Falls Prevention

Wednesday 8th April 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Grumpy Men's Lunch

Wednesday 8th April 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

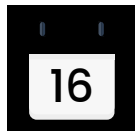
Thursday 9th April 2026 @ 2:30pm  
Sanctuary



## Falls Prevention

Wednesday 15th April 2026 @ 10:15am  
Sanctuary

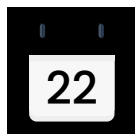
For more details see the <http://local>



## Stroke Club

Thursday 16th April 2026 @ 7:00pm  
Cafe Area

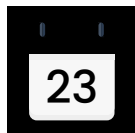
See <http://local> for more details



## Falls Prevention

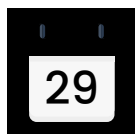
Wednesday 22nd April 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Thursday Group

Thursday 23rd April 2026 @ 2:30pm  
Sanctuary



## Falls Prevention

Wednesday 29th April 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Falls Prevention

Wednesday 6th May 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Stroke Club

Thursday 7th May 2026 @ 7:00pm  
Cafe Area

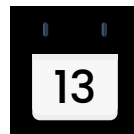
See <http://local> for more details



## Falls Prevention

Wednesday 13th May 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Grumpy Men's Lunch

Wednesday 13th May 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

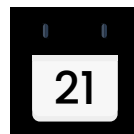
Thursday 14th May 2026 @ 2:30pm  
Sanctuary



## Falls Prevention

Wednesday 20th May 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Stroke Club

Thursday 21st May 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Falls Prevention

Wednesday 27th May 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Thursday Group

Thursday 28th May 2026 @ 2:30pm  
Sanctuary





# The Crossing



## Falls Prevention

Wednesday 3rd June 2026 @ 10:15am  
Sanctuary

For more details see the <http://local>



## Stroke Club

Thursday 4th June 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

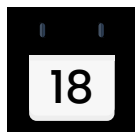
Wednesday 10th June 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 11th June 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 18th June 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 25th June 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 2nd July 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 8th July 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 9th July 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 16th July 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 23rd July 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 6th August 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 12th August 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th August 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 20th August 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 27th August 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 3rd September 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 9th September 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>

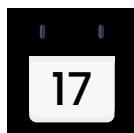


# The Crossing



## Thursday Group

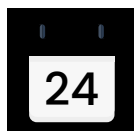
Thursday 10th September 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 17th September 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 24th September 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 1st October 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 8th October 2026 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th October 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Stroke Club

Thursday 15th October 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 22nd October 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 5th November 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 11th November 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 12th November 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 19th November 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 26th November 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 3rd December 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 9th December 2026 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

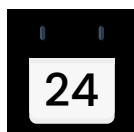
Thursday 10th December 2026 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 17th December 2026 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 24th December 2026 @ 2:30pm  
Sanctuary



# The Crossing



## Stroke Club

Thursday 7th January 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 13th January 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

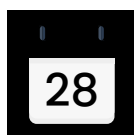
Thursday 14th January 2027 @ 2:30pm  
Sanctuary



## Stroke Club

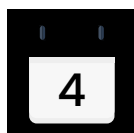
Thursday 21st January 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 28th January 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 4th February 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 10th February 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

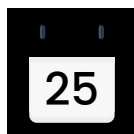
Thursday 11th February 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 18th February 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 25th February 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 4th March 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 10th March 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

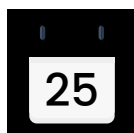
Thursday 11th March 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 18th March 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 25th March 2027 @ 2:30pm  
Sanctuary



## Stroke Club

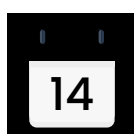
Thursday 1st April 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 8th April 2027 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th April 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



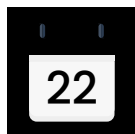
# The Crossing



## Stroke Club

Thursday 15th April 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 22nd April 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 6th May 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 12th May 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th May 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 20th May 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 27th May 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 3rd June 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 9th June 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

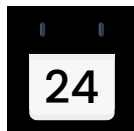
Thursday 10th June 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 17th June 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 24th June 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 1st July 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 8th July 2027 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th July 2027 @ 12:00pm  
Cafe Area

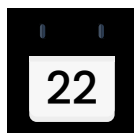
For more info see the <http://local>



## Stroke Club

Thursday 15th July 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 22nd July 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 5th August 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



# The Crossing



## Grumpy Men's Lunch

Wednesday 11th August 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 12th August 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 19th August 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 26th August 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 2nd September 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 8th September 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 9th September 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 16th September 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 23rd September 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 7th October 2027 @ 7:00pm  
Cafe Area

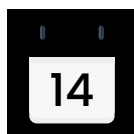
See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 13th October 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 14th October 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 21st October 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Thursday Group

Thursday 28th October 2027 @ 2:30pm  
Sanctuary



## Stroke Club

Thursday 4th November 2027 @ 7:00pm  
Cafe Area

See <http://local> for more details



## Grumpy Men's Lunch

Wednesday 10th November 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 11th November 2027 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 25th November 2027 @ 2:30pm  
Sanctuary



# The Crossing



## Grumpy Men's Lunch

Wednesday 8th December 2027 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 9th December 2027 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 23rd December 2027 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 12th January 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th January 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 27th January 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

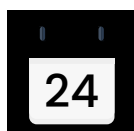
Wednesday 9th February 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 10th February 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 24th February 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

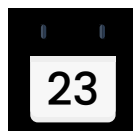
Wednesday 8th March 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 9th March 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 23rd March 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 12th April 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th April 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 27th April 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 10th May 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 11th May 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 25th May 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 8th June 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th June 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>

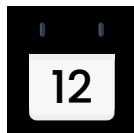


# The Crossing



## Thursday Group

Thursday 22nd June 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 12th July 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th July 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 27th July 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 9th August 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 10th August 2028 @ 2:30pm  
Sanctuary



## Thursday Group

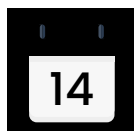
Thursday 24th August 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 13th September 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 14th September 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 28th September 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 11th October 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 12th October 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 26th October 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 8th November 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



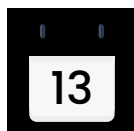
## Thursday Group

Thursday 9th November 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 23rd November 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 13th December 2028 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 14th December 2028 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 28th December 2028 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 10th January 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>

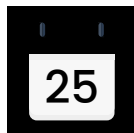


# The Crossing



## Thursday Group

Thursday 11th January 2029 @ 2:30pm  
Sanctuary



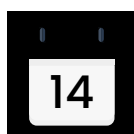
## Thursday Group

Thursday 25th January 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 8th February 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th February 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 22nd February 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 8th March 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th March 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 22nd March 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 11th April 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 12th April 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 26th April 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

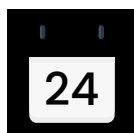
Wednesday 9th May 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 10th May 2029 @ 2:30pm  
Sanctuary



## Thursday Group

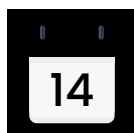
Thursday 24th May 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 13th June 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 14th June 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 28th June 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 11th July 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 12th July 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 26th July 2029 @ 2:30pm  
Sanctuary





# The Crossing



## Grumpy Men's Lunch

Wednesday 8th August 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 9th August 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 23rd August 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

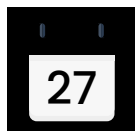
Wednesday 12th September 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th September 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 27th September 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

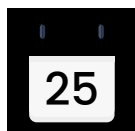
Wednesday 10th October 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 11th October 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 25th October 2029 @ 2:30pm  
Sanctuary



## Thursday Group

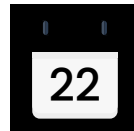
Thursday 8th November 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 14th November 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 22nd November 2029 @ 2:30pm  
Sanctuary



## Grumpy Men's Lunch

Wednesday 12th December 2029 @ 12:00pm  
Cafe Area

For more info see the <http://local>



## Thursday Group

Thursday 13th December 2029 @ 2:30pm  
Sanctuary



## Thursday Group

Thursday 27th December 2029 @ 2:30pm  
Sanctuary